

February 2012

Hi Lites of Lutheran Manor



Mark Your Calendar

Welcome New Residents

909- Ana Santiago
802 - Betty Leroy

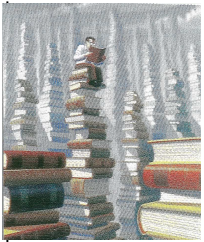
Feb. 2 (Thursday)	Blood Pressure	6 p.m.	Lounge
Feb. 4 (Saturday)	Coffee & Donuts	8 a.m.	Lounge
Feb. 4 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
Feb. 6 (Monday)	Speaker "Practical Steps"	2 p.m.	Lounge
Feb. 8 (Wednesday)	Bazaar Planning Meeting	2 p.m.	Lounge
Feb.10 (Friday)	Valentine Craft	10 a.m.	Lounge
Feb.10 (Friday)	Speaker "Nutrition"	2 p.m.	Lounge
Feb.12 (Sunday)	Valentine Party	5 p.m.	Lounge
Feb.13 (Monday)	Tenant Committee Meeting	1:30 p.m.	Ceramics
Feb.13 (Monday)	Speaker "Lymphedema"	2 p.m.	Lounge
Feb.14 (Tuesday)	General Meeting (11th Floor responsible for snacks)	2 p.m.	Lounge
Feb.15 (Wednesday)	Book Club	2 p.m.	Patio
Feb.17 (Friday)	Movie	7 p.m.	Lounge
Feb.18 (Saturday)	Soup & Hot Dogs	11 a.m.	Lounge
Feb.20 (Monday)	Presidents' Day Office Closed		
Feb.21 (Tuesday)	Balance Class Begins	2 p.m.	Ceramics
Feb.22 (Wednesday)	Rent Rebates	9 a.m.	Lounge
Feb.22 (Wednesday)	Distribution of Ashes	9:30 a.m.	Patio
Feb.25 (Saturday)	Bake Sale	10 a.m.	Lounge
Feb.25 (Saturday)	Concert	6 p.m.	Lounge
Feb.27 (Monday)	Therapy Dog	10:30 a.m.	Lounge
Feb.29 (Wednesday)	Retirement Party	9:30 a.m.	Lounge
Exercise	Every Tuesday & Thursday	10 a.m.	Lounge
Bible Study	Every Monday	1 p.m.	Patio
Bingo	Every Monday	6 p.m.	Lounge
Life Biography	Every Thursday	10 a.m.	Patio
Yoga	Every Friday	1 p.m.	Patio

Coming Events

MARCH

Saturday	3/3	Coffee & Donuts		8 a.m.
Saturday	3/3	Pinochle Party		12:30 p.m.
Saturday	3/17	Soup & Hot Dogs		11 a.m.
Sunday	3/18	St. Patty's Party	John Grant	5 p.m.
Wednesday	3/21	Birthday Party	Glenn Miller	5 p.m.
Sunday	3/25	Concert	Bill Murray	6 p.m.

The Lutheran Manor Book Club will meet on Wednesday, February 15, at 2 p.m. in the Patio. It's February and love is in the air. Our love? Can you guess? Come share yours.



Computer Lab

Nancy will be teaching a class on the Internet. Learn how to search, email and more.

Mon. Feb. 6 1 to 3 p.m.

Mon. Feb. 13, 1 to 3 p.m.

Please sign up with Miki.

We Need You!



It is time to start planning for our **Spring Bazaar**. There's lots to do and we need your help!

A meeting to plan for the bazaar will be held on:

Weds., Feb. 8 at 2 p.m.

If you are interested in volunteering to help with this year's bazaar, please come to this meeting.

Movie

"The Lost Valentine"
Fri., Feb. 17; 7 p.m.

A young and cynical female journalist learns love may transcend trials and time as she discovers a story that will change her life forever. When war separates lovers on their wedding anniversary Feb. 14, 1944 at LA Union Train Station, Navy pilot Neil Thomas makes a promise he isn't sure he can keep - to return to the train station safe by their next anniversary. For sixty years Caroline Thomas keeps her promise by waiting at the train station until her missing in action husband can finally keep his with the "lost valentine."



Coffee & Donuts

Saturday, Feb. 4
8 to 10 a.m.

\$1.75 coffee & donut
.75 additional donut
Friends and Family
Welcome



The Snack Stand

Snacks available

Mondays from 4 to 8 p.m.
Wednesdays from 4 to 7 p.m.
In the Main Lobby



Soup & Hot Dogs

Saturday, Feb. 18
11 a.m. to 1 p.m.

SOUP: Pepper Pot \$2.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

PICKLED BEETS \$.50

DESSERT: Ice Cream & Strawberries
\$2.50

SODA OR COFFEE: \$1.00

Entertainment:
Frank & His Accordion

50/50 Drawing
Candy will be sold too!

Friends and Family Welcome!

WINTER CONCERT

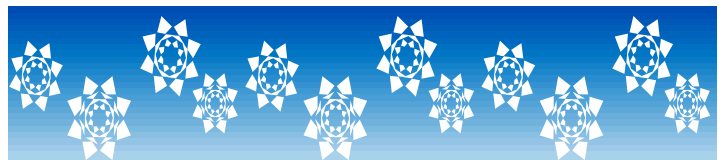
Saturday, February 25

6 to 8 p.m.

Entertainment by
Jack & Friends

50/50 drawing
Good Will Offering

Light Refreshments



Miki's Corner



Practical Steps to keep in Step

Mon., Feb. 6, 2 p.m.

James Anderson of Fox Rehab, will be here to talk about some practical steps to keep your steps from faltering. He will be checking canes and walkers for safety giving tips to help you stay upright!

Sweetheart Dinners

**Fri., Feb. 10,
2 p.m.**



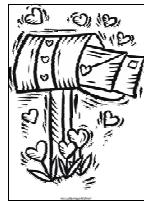
Love is in the air! Valentine's Day is near. What better way to celebrate than to learn about heart healthy dinners. Tara Miltenberger of the Allen Center for Nutrition, will be here to give us creative meal and dessert options for cardiovascular health.

Therapy Dog



**Mon., Feb. 27,
10:30 a.m.**

Miz Daisy and
Alice Romberger



Valentine Craft Class

Fri., Feb. 10, 10 a.m.

Cost for Class: \$3

Emilie and Krisi from Lehigh University will be here this month to make a Valentine Mail Box decoration for your door. **Sign up with Miki to make this craft.**

Lymphedema

Mon., Feb. 13, 2 p.m.

We will have a look at the signs, symptoms, causes and treatments for lymphedema, the swelling that generally occurs in arms and/or legs. Dr. Amy Lipscomb of Easton Hospital will guide us through this important issue.

Rent Rebates

Rep. Samuelson's Office and the Apprise Counselor will be here to fill out your rent rebate forms. **You must make an appointment with Miki for your rebate.**

**Weds., Feb. 22; 9 a.m. to noon
Mon., Mar. 5; 9 a.m. to noon
Mon., April 2, 9 a.m. to noon**

Massage Therapy....

Feb. 8; 9 a.m. to 2 p.m.

Feb. 22; 9 a.m. to 2 p.m.

If you are interested in massage, please sign up in Miki's office.



In February, we celebrate Valentine's Day...

On this day we are encouraged to show our love to those who are particularly close to us. The key word is, of course, LOVE.

Let me share a paraphrase of the beautiful passage about the gift of love in 1 Corinthians 12.

On love... "Though I have taken three years of Greek and Hebrew, if I have not love, I am become a scholarly windbag. And though I teach a Bible class, and come to every Sunday worship service, if I have not love, I am nothing.

And though I tithe every week, and always have my Bible reading done on time, and have helped with the youth at church and though I invited the pastor's family over for dinner last month, if I have not love, it means nothing.

Love keeps on loving when others don't love back.

Love doesn't get jealous when the next door neighbor can afford a BMW.

Love isn't rude to the persistent sales person.

Love is gracious when the line you have been standing in for an hour closes just as you reach the counter.

Love is not happy when your lazy partner at work gets laid off.

Love isn't thwarted by apartment renovations, busy elevators, or misused parking spaces!

And now abideth faith, hope and love, these three; but the greatest of these is genuine love that keeps on loving...because God did!"

...In Christian Love, Chaplain Clark



Lent Begins
February 22nd

WORSHIP THIS MONTH

(2pm in the Lounge- except Ash Wednesday)

Thursday, Feb. 2nd-Pastor Jay Wetzel, St. John's Lutheran, Bath

Tuesday, Feb. 7th- Father Pat Lamb, Notre Dame RC, Bethlehem

Thursday, Feb. 16th- Pastor Jim Stahley, Calvary Wesleyan, Bethlehem

Ash Wednesday, Feb. 22th – Imposition of Ashes & Prayer 9:30-10 am in the Patio.

Thursday, Feb. 23rd. – Pastor Sharon Joseph, Church of the Manger UCC, Bethlehem



BIBLE STUDY - Each Monday at 1 pm in the patio. We are just finishing our study of the **Gospel of Luke**

LET'S TALK ABOUT IT...an enthusiastic, enjoyable hour (or more) of wide- ranging topics of conversation every Thursday morning beginning at 10 am (or whenever you get there) in the patio. Maybe, even, with coffee and donuts?!

Note from the Property Manager...

I would like to thank all the residents that volunteered to be a part of our “virtual tour” video. I truly appreciate your participation!!

There are so many exciting activities at Lutheran Manor Apartments. Please get involved!! Try the Wii bowling, go along on the van trips, give bingo a chance or try your luck with the poker league!! We have competitive although friendly shuffle board and billiard games in the patio- It’s a great atmosphere to socialize in with your neighbors! With the weather getting colder, don’t be stuck in your apartment—COME OUT AND HAVE FUN WITH US!! 😊

Courtney Donohue
Property Manager

Puzzles Galore!!

For all you puzzle lovers, please note that we have many puzzles in the Library/Computer Lab that you can take home and enjoy. Just like the books in the library, you can borrow a puzzle then bring it back when you are finished. Check them out!



Trips to Notice...

March 2 - Lehigh Valley Flower Show - Enjoy an early spring with this annual event at Ag Hall. Stroll through the lovely displays and enjoy the scents and color of spring. Cost: \$4.



March 4 - Phillipsburg Mall Race Car Expo - DIRT Track Heroes Car Show is one of the biggest race car expos in the area with over 140 cars on display. Join us for this free event, see the cars and do some shopping in the mall.

March 12 - Davinci Science Center - It’s another Senior Monday at Davinci. Engineers from PennDOT will share how the state’s infrastructure is designed, constructed, maintained and repaired. Cost: \$4.50.

March 27 - Camden Adventure Aquarium - Join us on an adventure to the Adventure Aquarium! This aquarium features nearly 200,000 square feet of sea life and wild life. Enjoy many exhibits, shows and stop for lunch at the Feeding Frenzy Café. Cost: \$23.95. (If we have a full van of 20 we can get a group discount of \$14 per person)

Jonah

Sight & Sound Theater

Weds., April 11

Van leaves at 9 a.m.

COST: \$46.55

This energetic adventure will have you on the edge of your seat! From the enormous whale swimming over your head to the thunderous effects of the powerful storm, the story of Jonah will come alive and astound you. We will stop for lunch prior to the show at Shady Maple.

Sign up with Miki. \$20 deposit is required at sign up.

Saturday, Feb. 25

10 a.m to noon

The tenants' association will be having a bake sale. They need your help. Please bring down your baked goods donations on the morning of the sale by 9 a.m.

Coffee will be sold.





VAN TRIP

SUNDAY, MARCH 25

\$18.50 per person

We are going to a Hershey Bears hockey game. Enjoy a great game, food at their concession stands, friends and lots of FUN!

The van will leave Lutheran Manor at 3:30 p.m. The game starts at 5 p.m.

Sign up with Miki if you want to attend. Deadline to sign up is February 10.



RETIREMENT ROAST

Weds., February 29
9:30 a.m.



Don Byington, our loyal security person for many years, is retiring. You are invited to join us for a special Breakfast Retirement party for Don. Join us as we honor Don and remember his special service to Lutheran Manor.



PLEASE RETURN THIS TO MIKI BY FEBRUARY 20.

I will attend the Retirement Party:

NAME: _____ APT. #: _____

Valentine Pizza Party

Sunday, February 12, 2012

5 p.m. in the Lounge

Doors open at 4 p.m.

MENU:

2 slices of Pizza
(with cheese or
pepperoni topping)

Lettuce w/
assorted dressing

Ice cream

Coffee or tea

Soda \$1.00

Coordinator:
Ronnie Clifford

Cost:

\$5 per resident

\$6 per guest (limit 2)

Entertainment by

The Katos
(Pat & Craig)



50/50 Chances
3 for \$1.00

You may reserve a table for **6 or 12 people only** before the deadline date



Valentine Pizza Party

(I am reserving a table for 6 or 12 _____) Write names on back

Choice of 2 slices of Pizza with cheese _____ or pepperoni _____

Put slip under Marge Bachemin's door #705 with cash

NAME: _____ Apt.# _____

PHONE: _____

Deadline for Reservations, Weds., February 8

Van Trips



March 2012

DATE	TRIP	TIME
Mar. 2 (Friday)	LV Flower Show at Ag Hall	9:30 a.m. _____
Mar. 4 (Sunday)	Phillipsburg Mall Race Car Expo	12:00 p.m. _____
Mar. 5 (Monday)	Banks, P.O., CVS, \$ Store	9:30 a.m. _____
Mar. 6 (Tuesday)	Weis	9:30 a.m. _____
Mar. 8 (Thursday)	All you can eat Spaghetti Night	4:30 p.m. _____
Mar. 9 (Friday)	Valley Farms	9:30 a.m. _____
Mar.12 (Monday)	Davinci Science Center	11:00 a.m. _____
Mar.14 (Wednesday)	Dinner at Palace Diner	3:30 p.m. _____
Mar.15 (Thursday)	Allentown Farm Market	10:00 a.m. _____
Mar.16 (Friday)	Lunch/Carmike Movies	10:30 a.m. _____
Mar.19 (Monday)	Giant	9:30 a.m. _____
Mar.20 (Tuesday)	Lunch/Bingo	10:45 a.m. _____
Mar.21 (Wednesday)	Lunch at Wert's Café	11:00 a.m. _____
Mar.23 (Friday)	Breakfast/Walmart	8:30 a.m. _____
Mar.24 (Saturday)	Leesport Craft Fair/Lunch	8:30 a.m. _____
Mar.27 (Tuesday)	Camden Aquarium	8:30 a.m. _____
Mar.29 (Thursday)	The Crossings at Tannersville	9:30 a.m. _____
Mar.30 (Friday)	Breakfast at Oasis Restaurant	8:30 a.m. _____
Mar. 31 (Saturday)	Giant Garage Sale at Ag Hall	9:00 a.m. _____

Bring this completed sheet to Miki's office after 9 a.m. the first morning the office is open after you receive your newsletter.

NAME: _____

APT.: _____



February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																										
			1 6:30 Poker League	2 10:00 Exercise 10:00 Life Bio 2:00 St. Johns Rev. Wetzel 6:00 Blood Pressure 6:00 Shuffleboard	3 1:00 Yoga 7:00 Wii Bowling Practice	4 8:00 Coffee & Donuts 12:30 Pinochle Party																																										
5	6 1:00 Bible Study 2:00 Speaker 6:00 Bingo	7 10:00 Exercise 2:00 Notre Dame Catholic Church	8 2:00 Bazaar Mtg. 6:30 Poker League	9 10:00 Exercise 10:00 Life Bio 6:00 Shuffleboard League	10 10:00 Craft Class 11:30 Food Boxes 1:00 Yoga 2:00 Speaker 7:00 Wii Bowling Practice	11																																										
12 5:00 Pizza Party	13 1:00 Bible Study 1:30 Comm. Mtg. 2:00 Speaker 6:00 Bingo	14 10:00 Exercise 2:00 General Meeting	15 2:00 Book Club 6:30 Poker League	16 10:00 Exercise 10:00 Life Bio 2:00 Calvary Wesleyan Rev. Stahley 6:00 Shuffleboard League	17 1:00 Yoga 7:00 Movie	18 11:00 Soup & Hot Dogs																																										
19	20 Office Closed 6:00 Bingo	21 10:00 Exercise 2:00 Balance Class	22 9:00 Rent Rebate 9:30 Ashes 2:00 Balance Class 6:30 Poker League	23 10:00 Exercise 10:00 Life Bio 2:00 Church of the Manger Rev. Joseph 6:00 Shuffleboard League	24 1:00 Yoga 7:00 Wii Bowling Practice	25 10:00 Bake Sale 6:00 Concert																																										
26	27 10:30 Therapy Dog 1:00 Bible Study 6:00 Bingo	28 10:00 Exercise 2:00 Balance Class	29 9:30 Retirement Party 2:00 Balance Class 6:30 Poker League	<p style="text-align: center;">March 2012</p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>Sun</th> <th>Mon</th> <th>Tue</th> <th>Wed</th> <th>Thu</th> <th>Fri</th> <th>Sat</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table>			Sun	Mon	Tue	Wed	Thu	Fri	Sat					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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